New Brunswick School Counsellor Certification



School counsellors promote student success and address academic, personal, social and career development needs by designing, implementing, assessing and enhancing the Comprehensive and Developmental Schools Counselling Program (CDSCP). Through leadership, advocacy and collaboration, school counsellors foster equity and access to personalized educational experiences for all students. School counsellors are data-informed, using evidence to identify student needs, systemic concerns and effective interventions.

School counsellors (and Child and Youth Team) are members of the Education Support Services Team. School counsellors support a Response to Intervention (RTI) approach to collaboratively develop Individual Behaviour Support Plans (IBSPs) to address challenging student behaviour. They may work directly with students or provide mentorship to classroom teachers in the application of evidence-informed practices to address student behaviour.

School counsellors strive to help students to develop learner agency¹, so students have the:

- initiative and capacity to act in a desired direction or toward desired goals;
- ability to make meaningful changes in oneself or the environment; and,
- the ability to determine [one's] own course of action.

¹ Learner agency is the belief and capacity a person can make life better for themselves and others. Learners who have a sense of agency are best prepared to adapt to the changing times, to realize their potential, and to be personally well. To have agency, learners must be self-determined (e.g. feel autonomous, competent and related) and be capable (i.e. literate, globally competent, with disciplinary competence).



REQUIREMENTS

To ensure that school counsellors have the educational background required to facilitate the effective implementation of the CDSCP, candidates must meet the following requirements:

- · Valid New Brunswick Teacher Certificate
- Completed a master's degree with a minimum of 8 recognized graduate level courses. Additionally, applicants must meet the requirements stipulated below:
 - a. Counselling Theory
 - b. Counselling Ethics
 - c. Counselling Skills
 - d. Counselling Practicum (300 hours 150 client hours)
- Candidates must have 4 additional courses from the list below:
 - a. Group Counselling
 - b. Crisis Counselling
 - c. Career Development
 - d. Counselling in Plurilingual/Pluricultural Settings
 - e. Competencies for Counselling with LGBTQI2S+ Clients
 - f. Comprehensive and Developmental Guidance
 - g. Social Advocacy
 - h. Child Development
 - i. Assessment
 - i. Behaviour and Emotional Disorders
 - k. At-Risk Students

APPLICATION PROCEDURE

Upon completion of the requirements outlined, candidates will apply to Department of Education and Early Childhood Development by forwarding the following to schoolcounsellor.certification@gnb.ca:

- a. the application form found in appendix A
- b. official transcripts
- c. copy of valid New Brunswick Teacher Certificate

Applications will be reviewed twice a year in January and June by a provincial committee.



APPENDIX A

APPLICANT INFORMATION:

Name		
School/District		
Home Mailing Address		
Cell Phone		
E-mail		
COURSES. ADDITIONA BELOW: Counselling Theory Counselling Skills	LLY, APPLICANTS MUST MEET TH Counselling Ethics	Counselling Practicum (300 hrs - 150 client hrs)
CANDIDATES MUST HA	AVE 4 ADDITIONAL COURSES FRO	OM THE LIST BELOW:
Career Development	Group Counselling	Crisis Counselling
Comprehensive and Developmental Guidance	Counselling in Plurilingual/ Pluricultural Settings	Competencies for Counselling with LGBTQI2S+ Clients
Assessment	Social Advocacy	Child Development
Behaviour and Emotiona Disorders	At-Risk Students	

SCOPE OF PRACTICE

SCHOOL COUNSELLOR AND EDUCATOR WITH TEACHER CERTIFICATION IN GUIDANCE

Practice	School-based Guidance Assignment without Counselling Teacher with no School Counsellor Certification or Graduate Degree in Counselling	School-based School Counsellor Assignment Teacher with School Counsellor Certification and no Graduate Degree in Counselling ¹	School-based School Counsellor Assignment School Counsellor with Graduate Degree in Counselling	Child and Youth team-based School Counsellor with Graduate Degree in Counselling
Short-term solution focused counselling	×	⋞	⋞	⋞
Cognitive Behavioral Therapy	×		*	⋞
Other therapeutic modalities	×		\checkmark	
Therapy or long- term counselling ²	×	×	⋞	⋞
Group counselling				
Student advocacy	⋞			
Consultation				
Proactive programming (Tier 1 and 2)		⋞	⋞	
Skills teaching	⋞	⋞	⋞	⋞
Facilitating or supporting curricula	⊘	⊘	⊘	8

- 1 Only programs completed prior to 2020 will be considered for certification.
- 2 Other therapeutic modalities include but are not limited to play-based interventions, Acceptance and Commitment Therapy, and Client-Centered Therapy. Additional modalities at the CYT Level include DBT, EMDR, and family therapy



WITHIN SCOPE OF PRACTICE



UNDER THE SUPERVISION
OF A GUIDANCE LEAD
OR CERTIFIED SCHOOL
COUNSELLOR



OUTSIDE SCOPE OF PRACTICE