

New Brunswick School Counsellor Certification



School Counsellors in New Brunswick support students by implementing the School Counselling Framework.

A core belief of New Brunswick School Counsellors is that positive mental health and well-being are vital for student learning. Through the fields of practice – academic support, career connected learning, social emotional learning, and mental health – School Counsellors support, advocate, intervene, and lead (SAIL), with the goal of maximizing learning success.

School Counsellors are members of the Education Support Services (ESS) Team. They work collaboratively with the ESS team to support student learning through a Response to Intervention (RTI) model, where students receive tiered levels of intervention.

School Counsellors foster equity and access to personalized educational experiences for all students. School Counsellors are data-informed, using evidence to identify student needs, systemic concerns, and effective interventions.



REQUIREMENTS

To ensure that School Counsellors have the educational background required to facilitate the effective implementation of the New Brunswick School Counselling Framework, candidates must meet the following requirements:

- Evidence of at least 3 years of teaching experience (i.e. Human Resources/District Letter of Years Employed as a teacher, resume)
- Valid New Brunswick Teacher Certificate
- Completed a master's degree with a minimum of 10 recognized graduate level courses. Additionally, applicants must meet the requirements stipulated below:
 - a. Counselling Theory
 - b. Counselling Ethics
 - c. Counselling Skills
 - d. Counselling Practicum (300 hours – 150 client hours)

Candidates must have 4 additional courses from the list below:

- a. Group Counselling
- b. Crisis Counselling
- c. Career Development
- d. Counselling in Plurilingual/Pluricultural Settings
- e. Competencies for Counselling with LGBTQI2S+ Clients
- f. School Counselling
- g. Social Advocacy
- h. Child Counselling
- i. Assessment
- j. Behaviour and Emotional Disorders
- k. At-Risk Students
- l. Counselling Skills II
- m. Research

APPLICATION PROCEDURE

Upon completion of the requirements outlined, candidates will apply to Department of Education and Early Childhood Development by forwarding the following to schoolcounsellor.certification@gnb.ca:

- a. the application form found in appendix A
- b. official transcripts (preferable over unofficial transcripts)
- c. evidence of at least 3 years teaching experience (i.e. Human Resources/District Letter of Years Employed as a teacher, resume)

Applications will be reviewed twice a year in January and June by a provincial committee.



APPENDIX A

APPLICANT INFORMATION:

Name	
School/District	
Home Mailing Address	
Cell Phone	
E-mail	

COMPLETED A MASTER'S DEGREE WITH A MINIMUM OF 10 RECOGNIZED GRADUATE LEVEL COURSES. ADDITIONALLY, APPLICANTS MUST MEET THE REQUIREMENTS STIPULATED BELOW:

- | | | |
|---|---|--|
| ☐ Counselling Theory | ☐ Counselling Ethics | ☐ Counselling Practicum
(300 hrs – 150 client hrs) |
| ☐ Counselling Skills | | |

CANDIDATES MUST HAVE 4 ADDITIONAL COURSES FROM THE LIST BELOW:

- | | | |
|---|---|---|
| ☐ Child Development | ☐ Group Counselling | ☐ Crisis Counselling |
| ☐ Career Development | ☐ Counselling in Plurilingual/
Pluricultural Settings | ☐ Competencies for Counselling with
LGBTQI2S+ Clients |
| ☐ School Counselling | ☐ Social Advocacy | ☐ Child Counselling |
| ☐ Assessment | ☐ Behaviour and Emotional
Disorders | At-Risk Students |
| ☐ Research | ☐ Counselling Skills II | |

SCOPE OF PRACTICE

Practice	Certified School Counsellor <i>With graduate degree in counselling</i>	School Counselling <i>Certified under the legacy requirements¹</i>	School-based assignment <i>No counselling qualifications</i>
Short-term solution focused counselling	✓	✓	✗
Cognitive Behavioral Therapy	✓	👁️	✗
Other therapeutic modalities ²	✓	👁️	✗
Individual counselling	✓	✗	✗
Group counselling	✓	✓	✗
Student advocacy	✓	✓	✓
Consultation	✓	✓	👁️
Proactive programming (Tier 1 and 2)	✓	✓	👁️
Skills teaching	✓	✓	✓
Facilitating or supporting curricula	✓	✓	✓

1 Only programs completed prior to 2020 will be considered for certification.

2 Other therapeutic modalities include but are not limited to play-based interventions, Acceptance and Commitment Therapy, and Client-Centered Therapy. Additional modalities at the CYT Level include DBT, EMDR, and family therapy



**WITHIN SCOPE OF
PRACTICE**



**UNDER THE SUPERVISION
OF A DISTRICT LEAD
OR CERTIFIED SCHOOL
COUNSELLOR**



**OUTSIDE SCOPE OF
PRACTICE**